

jiàn

shēn

健身

fitness, physical exercise

tǐ

cè

体测

physical fitness test

dān

wù

耽误

delay, hold up, waste

lüè

wēi

略微

slightly, a little

chāo

biāo

超标

overproof, excess,
over the level of standard

jiǎn

zhī

减脂

reduce fat, lose fat



Shuài gē , jiàn shēn yóu yǒng liǎo jiě yī xià 。

A: 帅哥，健身游泳了解一下。

nín xiān zuò yī xià , wǒ gěi nǐ zuò gè tǐ cè 。

您先坐一下，我给您做个体测。

Wǒ hái yǒu shì , xià huí ba 。

B: 我还有事，下回吧。

Hěn kuài de , bú huì dān wù nín tài cháng shí jiān 。

A: 很快的，不会耽误您太长时间。

Hǎo ba 。

B: 好吧。

Shuài gē , nín de tǐ zhī lǜ lüè wēi chāo biāo , shǔ wēi pàng , jiàn yì nín jiàn shēn jiǎn zhī 。

A: 帅哥，您的体脂率略微超标，属微胖，建议您健身减脂。

Zuò bàn gōng shì bǐ jiào jiǔ , zuì jìn bǐ jiào shǎo duàn liàn , què shí pàng le 。

B: 坐办公室比较久，最近比较少锻炼，确实胖了。





Wǒ tuī jiàn nín bàn gè liǎng nián de tào cān , hái sòng miǎn fèi yóu yǒng kè chéng 。

A: 我推荐您办个两年的套餐，还送免费游泳课程。

Duō shǎo qián ?

B: 多少钱？

Dāng jiāo péng yǒu le , gěi nǐ yōu huì , liǎng nián wǔ qiān bā 。

A: 当交朋友了，给你优惠，两年五千八。

Tài guì le , wǒ huí qù kǎo lǜ kǎo lǜ 。

B: 太贵了，我回去考虑考虑。

Liú gè wēi xìn kě yǐ ma ? yǒu yōu huì wǒ tōng zhī nín 。

A: 留个微信可以吗？有优惠我通知您。

Bú yòng le , yǒu xū yào wǒ huì lái zhǎo nǐ de 。

B: 不用了，有需要我会来找你的。



A: Handsome guy, would you like swimming and fitness?

Come and have a seat, let me take a physical fitness test for you.

B: I am busy now, next time.

A: It will be soon, will not take you too much time.

B: All right.

A: Handsome guy, your body fat is a little over the standard, you are slightly overweight, so I suggest you to do more fat reduction exercise.

B: I sit a lot in office with little exercise these days, I really have become fat.

A: I recommend you to open a two-year fitness card, and there are also free swimming courses given.

B: How much?

A: I would like to make friend with you and offer you discount, 5800 yuan for two years.

B: Too expensive, let me go home think about it.

A: May I have your WeChat ID please? If there is any discount, I can inform you .

B: I don't think that is necessary, I will find you if I need it .

Extension

jiàn shēn fáng

健身房

jī ròu

肌肉

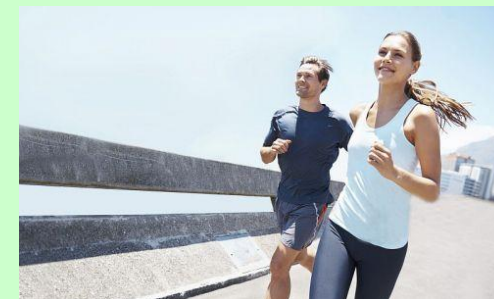
muscle



jiàn kāng

健康

health, healthy



zhī fáng

脂肪

fat



féi pàng

肥胖

fat, overweight



jiǎn féi

减肥

lose weight



yú jiā

瑜伽

Yoga

